



# FRUITY CHOCOLATE CHIP OAT BARS

## INGREDIENTS

100g porridge oats  
100g smooth peanut butter  
2 tbsp honey  
50g chocolate chips  
Juice of 1 satsuma

## DIRECTIONS

1. Add all the ingredients to a large bowl and mix with a spoon until well combined.
2. Line an 8x8 inch baking dish with parchment paper and press the mixture in, pushing it down with the back of a spoon until completely compact.
3. Freeze for 2 hours until solid
4. Remove and cut into 12 bars.
5. These bars will keep in the fridge for up to 5 days or in the freezer for up to 2 months.